



# INGESTRE STABLES

## Progressive Riding Test level 6



**NAME** \_\_\_\_\_

Unit Number	Competence Objective	S/K	Date Achieved	Signature of Coach
6.1	Be able to competently and confidently move the horse around the arena in walk, trot and canter in a ride situation	S		
6.2	Show a basic understanding of the first four scales of training; Acceptance, Rhythm, Suppleness and Contact	K		
6.3	Know the sequence of footfalls of the horse's paces.	K		
6.4	Be able to make a transition into canter and recognise the correct canter lead.	S		
6.5	Understand the principles of lateral bend through corners and circle lines.	K		
6.6	Be able to maintain an elastic and consistent contact with the horse through your working period, allowing the horse to stretch as needed.	S		
6.7	Be able to maintain and show security and balance in the light seat and jump seat in canter for at least one circuit of the arena.	S		
6.8	Be able to maintain a forward balanced seat in Canter over ground poles.	S		
6.9	Be able to ride in supervised "open order" showing awareness and understanding of school rules.	S		
6.10	Be able to ride, as part of a supervised ride, on minor roads showing good road position, control, and awareness of Road safety	S		

**Date Completed** \_\_\_\_\_ **Signature of Coach** \_\_\_\_\_

**Once all of the competence objectives have been achieved, the completed test sheet should be handed in at reception for certification.**

**All Competence objectives are marked either "S" or "K". This indicates whether the requirement is a practical skill that will be assessed by observation, or a knowledge requirement that will be assessed by question and answer .**



# INGESTRE STABLES



## Progressive Stable Management level 6

**NAME** \_\_\_\_\_

Unit Number	Competence Objective	S/K	Date Achieved	Signature of Coach
6.11	Be able to tack up the horse for exercise with a snaffle bridle and English saddle.	S		
6.12	To be able to explain the consequences of ill fitting or dirty tack.	K		
6.13	Be able to untack after work and leave the horse safe and comfortable.	S		
6.14	Be able to rug up a horse with stable or turnout rugs.	S		
6.15	Be able to recognise the signs of ill and good health in a horse.	S K		
6.16	Be able to identify what daily field checks we need to carry out when our horses are turned out on pasture.	K		
6.17	To be able to list the rules of feeding and watering.	K		
6.18	Recognise different types of forage.	S		
6.19	Recognise different feed stuffs.	S		

**Date Completed** \_\_\_\_\_ **Signature of Coach** \_\_\_\_\_

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