



# INGESTRE STABLES

## Progressive Riding Test level 5



**NAME** \_\_\_\_\_

| Unit Number | Competence Objective   | S/K | Date Achieved | Signature of Coach |
|-------------|--|-----|---------------|--------------------|
| 5.1         | Be able to show confidence and competence in the walk and trot, moving accurately around the arena making progressive transitions. | S   |               |                    |
| 5.2         | Be able to make a correct transition to the canter in harmony with the horse, and maintain it around the arena.                    | S   |               |                    |
| 5.3         | Be able to ride in Walk and Trot with the reins in one hand.   | S   |               |                    |
| 5.4         | To show balance over lower leg, and lower leg security within the paces and through transitions.                                   | S   |               |                    |
| 5.5         | To maintain a forward thinking hand and steady contact in the Walk, Trot & Canter.   | S   |               |                    |
| 5.6         | Be able to maintain a balanced and supple posture without stirrups, in the trot, for at least one circuit of the school.           | S   |               |                    |
| 5.7         | Be able to ride in Walk, and Trot over ground poles  | S   |               |                    |
| 5.8         | To be able to maintain and show security and balance in the light seat and jump seat in trot for a minimum of 20 metres            | S   |               |                    |
| 5.9         | Know the letters in a 60 X 20 metre arena and be able to draw an arena without help.   | K   |               |                    |
| 5.10        | Ride confidently in an enclosed area outdoors in Walk and Trot.  | S   |               |                    |

**Date Completed** \_\_\_\_\_ **Signature of Coach** \_\_\_\_\_

**Once all of the competence objectives have been achieved, the completed test sheet should be handed in at reception for certification.**

**All Competence objectives are marked either "S" or "K". This indicates whether the requirement is a practical skill that will be assessed by observation, or a knowledge requirement that will be assessed by question and answer .**



# INGESTRE STABLES



## Progressive Stable Management level 5

**NAME** \_\_\_\_\_

| Unit Number | Competence Objective   | S/K    | Date Achieved | Signature of Coach |
|-------------|--|--------|---------------|--------------------|
| 5.11        | Be able to recognize a recently shod foot and a foot which is need of shoeing.                             | S<br>K |               |                    |
| 5.12        | Know what the horse's normal temperature, respiration and pulse are.                                       | K      |               |                    |
| 5.13        | Know how to correctly and safely put a rug on a horse.   | K      |               |                    |
| 5.14        | Know how to correctly and safely muck and horses bed out and bed down.                                     | K      |               |                    |
| 5.15        | Understand the foundation knowledge of how to fit a horses bridle and saddle.                              | K      |               |                    |
| 5.16        | Safely put on a tail bandage   | S      |               |                    |
| 5.17        | Be able to clean saddles and bridles including stripping down and taking apart, and putting back together. | S      |               |                    |

**Date Completed** \_\_\_\_\_ **Signature of Coach** \_\_\_\_\_

**Once all of the competence objectives have been achieved, the completed test sheet should be handed in at reception for certification.**

**All Competence objectives are marked either "S" or "K". This indicates whether the requirement is a practical skill that will be assessed by observation, or a knowledge requirement that will be assessed by question and answer .**